

MARIA ERVING

HOME
ABOUT
MEMBERSHIP
QUICK LINKS
BOOK A SESSION
WORK WITH ME
WRITINGS
ARCHIVES
CONTACT
MAILING LIST



How to talk to God (Receive Divine Guidance)

MEDITATION / ONENESS / SPIRITUALITY / TRUTH

How to connect and communicate with God?

A question I get often is about how to communicate with God, or the Universe, higher self, Source, or whatever you want to call it.

I've shared about this a lot as it's the way I live my life;

I'm in constant communication with God, so below are some of my articles that will be helpful to anyone looking to connect more deeply with that which they call "god".

Anyone can have a close and intimate relationship with God, even if you're an atheist! – Because "God" can also be your higher mind, or whatever feels most right for you to call it.

"I think we're part of a greater wisdom that we will ever understand; a higher order, call it what you want. Know what I call it? The Big Electron." — George Carlin

Another quote by George Carlin:

"We're calling on a higher potential within ourselves when we say 'please help me God'; Were saying 'please God, help me find in me what it is like you that'll make me do this the way I'd love it.'" — George Carlin (paraphrasing the quote as I remember it from the movie "George Carlin's American Dream" (2022).

God has nothing to do with any religious beliefs or belief-systems.

We all have the ability to do this, to talk with God and get answers, and the more you include God into your life and affairs, the deeper the relationship and communication grows.

Whatever you choose to call it, it's all the same thing, and for as long as you have a good, healthy and loving relationship with It, I really don't care what your name for it is.

God can have many names.

Depending on how I feel, when I'm in a reverent mood for example, then I call It 'God', while at other times when I'm in a more driven 'doer' mode, then I call it my higher self, or even subconscious mind.

It doesn't matter what you call it.

The most important thing is to recognize that there is something higher or bigger that we can turn to and communicate with and get a response from.

It's God that does everything, through us and 'to' us.

It's actually the God power that prompts me to shift between the different energies of It, because there is an importance of self-empowerment as well.

We need to be both reverent, when we feel all blissed out and full of deep gratitude about everything in the presence of God (which comes naturally), and also follow how the energy is leading us to be in action-mode when it's time for that (which also comes naturally when you follow the flow of what is shown), and then it serves us better to change our perception into a more self-empowered mode (this too happens naturally when you learn to trust the unfolding of your life), while still remain in the deep "spiritual"-like mode at our core.

There's a perfect balance of everything (appointed by God/the Divine), where everything (and every aspect of yourself, God included) works together in harmony for your good.

And God *wants* this for us, it wants us to feel empowered and powerful. It is It that leads us on this path, showing us the different aspects of Itself, which we can relate to and work in alignment with.

I can't even begin to tell you how wonderful it is to have the connection I have, there are no words that can describe it.

How is your relationship with God?

You have to feel empowered and supported in your relationship with God (and not feel like you're being judged and watched over by critical eyes etc).

If you don't, then you have to work through the beliefs, concepts and definitions you hold about God that keeps you unhappy, stuck, and resentful.

In my own process to find the real God, I even went through a time where **I was an atheist for a while**, and looking back, I can see that it was God doing even that, in order to help me break free from the false.

So please do the exercises etc that I'm sharing in these articles and you too will be able to develop a wonderful and loving and awesome relationship and communication with this Power that we call 'God'.

Articles that will help you connect and communicate with the Divine, the Universe, God, your higher self:

"When you connect and listen within, you will always know exactly what to do and when to do it and at the exact right time you need to know it, and at times when nothing comes up, you are able to easily drop it, knowing that when it's time for you to know something, you will. You can live this way always. There is no need to be fearful, stressed out and anxious. You can trust your inner guidance, and you can also ask for help from the Divine Helpers of the Universe and you will get it. You are not alone. There is guidance and help available for you, always": **"Guidance and Help is Always Available"**

You never have to walk alone!

"How can you get guidance from your higher self?" In this article I'll share how you can connect with and come into partnership with your higher mind, or higher Self. It's help and assistance is always available to all of us and it's eagerly waiting for you to work in partnership with it! When you work in alignment with your higher mind and have it as your trusted partner in life, you can expect every single area of your life to improve, and quickly too, in magical and miraculous ways!": **"Partner up with your Higher Self (or Mind) and receive guidance"**

"How do you listen to yourself if you have never done that before?" Here's 5 steps on how to listen to the higher wisdom within you: **"How to ask for inner guidance"**

"The Divine is limitless in its power. The most amazing things will happen in your life when you finally trust the Universe, the Divine that lives in you. Trust is usually the turning point for most people; when trust clicks into place an almost miraculous life starts to unfold": **"Do not underestimate the power of the Divine!"**

God is here Right Now, waiting for you to connect!

“We all have an inner voice of intuition that is always guiding us and showing us the way to live in alignment with ourselves and when we listen to it it protects us from a lot of suffering and struggle in life. We are meant to live in alignment with our intuition but most of us have been trained and conditioned to live out of alignment with it and that’s why so many people live out of flow with the universe. Ways that can help you align with it and come into harmony with yourself and Life/God again”: **“Align with your intuition and let it lead you into flow”**

Let God get involved in every aspect of your life.

“When life wants something better for you, it sends you an idea, it puts a thought in your mind that contains the answer that will set you free. Change is not always easy, but it is necessary in life (and unavoidable), and when you follow your divine guidance, the Universe meets to help you. It’s always the first step towards something new that can feel daunting and scary, but once the step is taken, the world opens up and frees you up to something bigger and better. Following the truth within you empowers you. It sets you free”: **“Follow Your Divine Guidance”**

A reader asked me: “I usually meditate with nothing indicated by my intuition. I remain “blank” during and after a meditation session. How do I address this problem?” Here are ten steps/ways that will help you remove the “blank”: **“Meditation and Intuition: How To Receive Answers”**

“God usually repeats an important message. Pay attention today to what comes to you twice. If you have been praying and talking with God about things recently but not have not heard anything back yet, then I invite you to ask him to repeat himself to you today so that you really get the message that he has for you, because sometimes he speaks and speaks, but we don’t hear him, or we even ignore the guidance because of our ignorance”: **“Ask God to repeat himself”**

Most people pray in a way that will not help them.

“Why are my prayers never answered?” Most people are not really ‘praying’. They are pleading, begging, hoping, and continuing to seeing lack, problems, and so on, and when their prayers are not answered, they think that God is withholding the things they pray about. Here’s how to pray for either yourself or someone else, where you ask for what you want/need in a way that is not contradicting and working against you or the other person. Everything changes when you learn how to pray aright, and you will see results (and even

miracles!) both in your own life and in the lives of those you pray for”: **“How to Pray Aright and Have Your Prayers Answered”**

“In my previous article called “Trust your path and the Unknown – Life will not take you this far and then suddenly abandon you” I shared stories about when I was homeless, and about the magical unfolding and miracles that Life presented to me as I followed my intuition. In this article I’m sharing some of my powerful prayers with a reader who is going through a challenging time right now. The prayers does not only invoke Divine help, but they will also help you live in an empowered state while in the midst of a challenging time or a crisis”: **“Free Yourself from Any Situation with These Prayers (How to be Happy and Free)”**

After talking, – Listen.

“We are usually very good at voicing our concerns to God, or speaking *to* him, but many times we forget how important it is to *listen* to him, to really pay attention to how he communicates back to us, or with us, and many times people can go and wait for God to reveal the next step to them, or if they have prayed for something, to receive the answers they seek, but they miss the guidance and messages because they don’t take time to actually listen”: **“How God Speaks To Us”**

“Here’s 15 ways in which the Universe speaks to us that you can begin to hone into, and as you do that, it will make a huge difference in your life and improve your life in so many positive ways you can’t even imagine!”: **“How the Universe speaks to us”**

Talking with God about everything will transform your life for the better!

“The old thought-patterns and behaviors around prayer (and seeking answers) has to be interrupted if you find that your prayers has gone unmanifested or if you feel the pressing need to find solutions to a challenge that you find yourself in at the moment. You can absolutely ask for the answer and solution directly from the all-knowing Source, and this is what this two part article series is about”: **“What To Do When Our Prayers Has Not Been Answered? (1/2)”**

“There is a wisdom and power within each and every one of us that loves us and is willing to help and support us in all our needs, and through the process of writing the letter you will feel an increase of peace immediately, even before anything has changed on the outer plane”: **“Write a letter to God”**

“Divine Presence is Everywhere. How we interact with it makes all the difference. A lot of people have an unhealthy relationship with the Divine, so in this post I want to share some simple yet powerful tips on how to develop a healthy relationship with it”: **“Cultivate a healthy relationship with the Divine”**

These articles will help you, so read them and do the exercises too!

Do it today, connect with God, Source, your higher self, – Take some time off to be alone with yourself and God. I don't know what could be more important than to do just that, especially if you really, really need help and guidance on something right now.

Take this article as an invitation from Source itself and I promise you that *you will get a response*, and the more you do this, the clearer the guidance becomes, and the clearer it becomes, the better your life becomes too.

You can be just as you are and talk however you want!

It's a beautiful way to live, to be in alignment with God, and not as “spiritual” as many think.

It's actually a natural way for us to live and move through life, it's just that many people feel disconnected from it because we have learned to follow all kinds of other voices and influences instead of our own inner Self and the guidance that is constantly being given to us ‘from above’ and from within.

You don't have to be or do anything special in order to talk with God.

Just be yourself and speak from your heart with sincerity and by doing this on a daily basis it will quickly develop into having an ongoing, conversational relationship with it/him/her that you would never want to not have again.

It just becomes part of who you are and how you live your life (and not just something you run to in times of trouble and hardship).

This is the way we're meant to live and be in this world – Being connected to, and in communion with the amazing and beautiful God-force that creates worlds.

(Original) image by Ri Butov from Pixabay