5 Ways to Enrich Your Daily Walk With the Lord

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Introduction

"Those who walk with God always reach their destination." — Henry Ford

Maybe you have days you don't feel (or even act) as spiritual as you'd like to be. It's only human to get tired or discouraged from time to time. However, no amount of off days or dampened spirits can change the fact that God longs to be at your side — and to have you at His. Your relationship with Christ is just like any other relationship; the more time, care and effort you invest into it, the deeper and closer the relationship will get.

So, how can you succeed in your daily Christian walk? Take a look at the following ways you can enrich your relationship with God right from inside the Collinwood assisted living community.



1. Start and End Every Day With God in Prayer

"Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." (1 Thessalonians 5:16-18)

A believer can never be stronger than their prayers. Author, attorney and clergyman E.M. Bounds once said, "The men who have done the most for God in this world have been early on their knees. He who fritters away the early morning, its opportunity and freshness, in other pursuits than seeking God will make poor headway seeking Him the rest of the day. If God is not first in our thoughts and efforts in the morning, He will be in the last place the remainder of the day."

Making prayer your first priority at the start of every morning and end of every night establishes a time and a place to have a daily personal appointment with God.

2. Know What Is and Isn't Important

"Do not be deceived: bad company ruins good morals." (1 Corinthians 15:33)

Maybe something in your life is causing you too much stress, leading you away from God, or just simply wasting your time. It's all too easy to be consumed by the hectic chaos of day-to-day life. Know when it's time to remove something — or someone — from your life. Stay self-aware by taking frequent inventory of how you spend your time and evaluating what you have done for the Lord recently. Dismiss those things that are not beneficial to your walk.

3. Place Spiritual Boundaries in Your Life

"Take heed unto thyself, and unto the doctrine; continue in them: for in doing this thou shalt both save thyself, and them that hear thee." (1 Timothy 4:16)

As a faithful believer in Christ and the grace of His sacrifice, you have salvation through the Holy Spirit. Nonetheless, the Bible says the adversary prowls around like a lion (1 Peter 5:8), and you must go above and beyond to protect your spiritual walk by setting definitive boundaries against temptation.

This is something that requires a lot of inner evaluation, self-awareness and prayer. Be honest with yourself about areas in which you're weaker or give into temptation easier, and set firm parameters on what you allow into your mind and heart and where you allow yourself to go. If something is hindering your walk with God, place a restriction upon that thing and be resolved to abstain.

4. Read and Meditate on Scripture

"So faith comes through hearing, and hearing through the Word of Christ." (Romans 10:17)

For your walk with God to grow in intimacy and understanding, your communication with Him must be a two-way street. In prayer, you come before the throne of the Lord and speak to Him. Through His Word, He answers you.

You can't know the Lord if you don't spend time in what He has written. Begin with a verse each morning. Meditate on it, quote it and live it. In gradual increments, add more verses — then a chapter or maybe even chapters. Take it verse by verse and step by step and saturate your heart and soul with the Word of God. You will see your walk grow deeper and deeper every day.

5. Remember You Are an Ambassador for Christ

"In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven." (Matthew 5:13)

"Let us walk with decency, as in the daylight: not in carousing and drunkenness; not in sexual impurity and promiscuity; not in quarreling and jealousy." (Romans 13:13)

Do you know you're somebody's favorite Christian? It may seem funny, but believe it or not, it's likely that someone is analyzing your lifestyle and decisions. Remember, you are a delegate of the one true God. Live each day with an urgency to serve the Lord, enact His will and bring others to Him through your example.

The Lord is standing at your door knocking, wanting to take a stroll with you, and chances are you could use the exercise.



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